



NOLAN CATHOLIC
HIGH SCHOOL

SCHOOL TALK

NEWS FROM PRINCIPAL PERALES

March, 20, 2020

Dear Nolan Catholic Families,

While this is a unique time and experience for us all, we continue to move forward here, there, wherever you and our students and staff are. I hope you read last night's email from Mrs. Rios. She emphasized how grateful we are for all of you and our staff while we continue to plan and adapt the Viking experience to our virtual platforms. We appreciate your support, patience, and positivity throughout. You have made these times and challenges much more manageable. Thank you!

Our teachers and support staff have done an outstanding job of making sure students continue to receive not just instruction and guidance with learning—as important as that is—but with faith experiences and student events. We will continue to do so. Our aim is to provide students with ongoing faith, academic, and student life activities and formation. Please see below for some examples. Be sure to click the links to [LEARN MORE](#).

Your administration and staff are working on ways for students to continue their beloved Nolan Catholic experiences. We will have details soon on the next round of events, from livestreamed Mass and prayer services to [blue-outs](#), virtual pep rallies, and other student-focused activities. The mode of the event may be different but the Nolan Catholic spirit will continue! *Esto Dux!*

We are also working on suggestions for keeping your *domestic church* strong and active. “The family, is so to speak, the domestic church.” (Lumen Gentium #11) One feature of this time is that families are likely spending more time together and we don't want to ignore that blessing amidst these challenging times so we will have ideas on how you can live the life of the domestic church as you gather at home for prayer, meals, outdoor time, chores, games, morning time, hopefully some laughter, and other family-focused time together in your home.

We thank you for your continued support, prayers, and ideas (keep sending them!) as we move forward together as a community through this Lenten season.

In Christ and Our Lady,
William Perales
Principal

Be sure to check out the resources below!

Many of our educators and administrators have also been working to offer supports and sample lessons to partner schools and other districts in an effort to share resources and instructional practices with fellow educators.

[LEARN MORE](#)

DISTANCE LEARNING





Our hope is to continue embracing the Viking spirit generated on our virtual campus! We are working to keep all previously scheduled items on the calendar as we continue to move forward virtually.

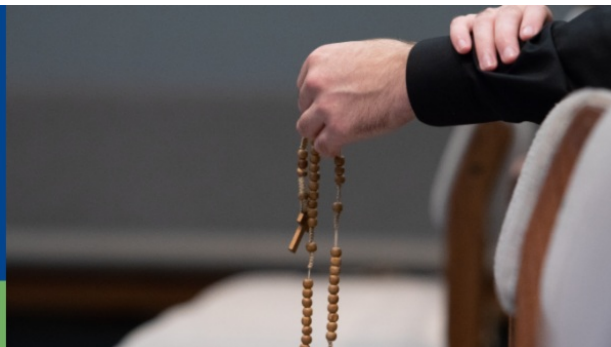
[LEARN MORE](#)

VIRTUAL EVENTS

Father Moon and the campus ministries department are working to continue our Thursday school-wide Mass days virtually with either Mass or prayer.

[LEARN MORE](#)

CAMPUS MINISTRY



Counselors are reaching out to all students to students through email to open the line of communication and offer accessibility.

[LEARN MORE](#)

GUIDANCE DEPARTMENT

In athletics, the coaching staff has been working daily on trying to maintain and grow the team culture in a positive way.

[LEARN MORE](#)

ATHLETICS



ACADEMICS & DISTANCE LEARNING

BIG BEND NATIONAL PARK



We welcome back our Scientific Research & Design Honors. The students learned about plant identification and biodiversity in the Chihuahuan Desert resulting in lots of data for later analysis. While there was a lot of science happening there was also plenty of time for marveling at the beauty of Big Bend.

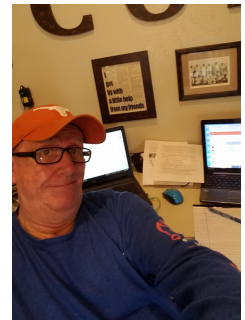
AP TESTING

The AP Program is developing resources to help schools support student learning during extended closures, as well as a solution that would allow students to test at home, depending on the situation in May. Additional information will be posted by March 20.

LEARNING SUPPORT

Student or parent questions regarding learning, organization, frustrations with managing work load, etc. Please email Ana Nieves at anieves@nchstx.org.

TEACHERS EMBRACE THEIR VIRTUAL WORKSPACES



DUAL CREDIT REGISTRATION FOR 2020-2021 SCHOOL YEAR

TCC informed us that they are going to open an online registration portal for Dual Credit students. TCC should be sending us specific logistics/instructions. Once we receive the information, we will be sending it out to our families.

VIRTUAL ACTIVITIES

UPCOMING SCHOOL ACTIVITIES

Nolan Takes Activities & Events Virtual



Students are Tapped for National Honor Society Friday, March 20

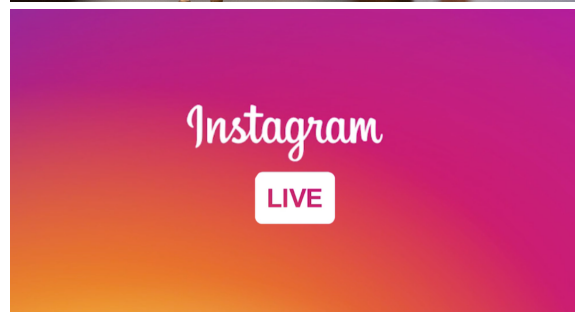
The NHS Executive Board and Moderators didn't miss a beat in creating a virtual video tapping students who are eligible to apply for membership into the National Honor Society.



Pep Rally & Blue Out Friday, March 27

Our first ever virtual Pep Rally and Blue Out is scheduled for Friday, March 27. Send in your pictures showing the creative ways you are showing your school spirit!

Join Us for Rosary Thursday, March 26 at 9:20 a.m. Hosted by LIFE Team on Instagram Live



Students Participate in Green Out Challenge Tuesday, March 17

To kick off the first official day back to school, students, faculty, staff and administrators submitted pictures in their green attire!



CAMPUS MINISTRY

During this time of Distant Learning, Nolan students will be given the opportunity to earn Christian Ministry service hours from home. Nolan students are invited to help create videos of the various ways they are helping their younger siblings with their learning process at home. These videos will be collected and cataloged so they can be used as resources for families who need teaching resources for the homebound children. Students are also invited to create videos of other activities they are leading and helping with at home, during this time of social distancing. The goal is to share family life and creative ideas among our families, and help our Nolan students earn service hours.

All videos should be saved to Google Drive and shared with wow@nchstx.org for submission. Students are still required to log their services time in x2VOL for proper credit and list Mrs. Watson as the service contact for all video submissions.

CM Service Videos			
Video Type	Instructions	X2VOL Agency/Organization Name	CM Service Hour Credit
Storytime or Read-a-Longs	Read title of book and show book cover. Show pictures as you read pages.	DL Reading (Grade Level)	1.0
Math Tutoring	Explain the math problem. Show how you help work the math problem.	DL Math (Grade Level)	1.0
Science Experiments	Describe what the experiment is for. Show all your materials needed. Show the process and final result. Include any safety precautions!	DL Science (Grade Level)	1.0
Mealtime Prep and Serving	State the name of your recipe, ingredients needed, and show how the meal is prepared and served. Include your family enjoying the meal!	DL Mealtime (Recipe Name)	1.0
Family Prayer Time	Begin with the name of the prayer. Share the various ways that your family prays.	DL Family Prayer (Prayer Title)	1.0
Crafts	Begin by stating the name of the craft and showing the completed craft. Show all your materials needed. Show how to make the craft.	DL Crafts (Name of Craft)	1.0
Games	Begin with the name of the game. Give clear instructions and goals. Show how the game is played.	DL Games (Names of Games)	1.0

Other Remote Service Opportunities			
Writing Letter	Instructions	X2VOL Agency/Organization Name	CM Service Hour Credit
Medal of Honor Mail Call	Use this form to follow instructions on how to submit your letter to a medal recipient. https://docs.google.com/forms/d/e/1FAIpQLSd2XdImHUNwSvcsyid5rt8v6_ewqtAXJSUlp02jcQ8v8dh6g/viewform	Medal of Honor	1.0
VERIFICATION: Please take a screenshot of the confirmation page of your submission. Attach this screenshot to your project in x2VOL.			
Letters to Senior Citizens in Nursing Homes	Students are invited to write letters to lighten the spirits of senior citizens who are not allowed to receive visitors during this time. Students may contact any nursing home in the United States! Students must identify a contact person who knows about the student's service project and find out how many letters to write and send. Students should send all letters in one large envelope to their service contact for delivery to the residents.	Name of Nursing Home	Unlimited
VERIFICATION: Students should use the nursing home contact person to verify the delivery and service hours submitted in X2VOL.			
Please create a spreadsheet to keep track of dates and number of hours you spend. This should be attached to your project in x2VOL.			

COUNSELING, COLLEGE PLANNING & SCHEDULES

2020-2021 COURSE GUIDE

2020-2021 Course Guide will be available Friday, March 27.

ACT TEST UPDATE

Students registered for the April 4, 2020 ACT test should have received an email notification stating the date was being rescheduled.

Students registered for the April date have the option to register for either the June 13 or July 18, 2020 test dates at no cost.

To change your registration, log in to your ACT.org account and request a test date change. You will be prompted to pay the registration fee. The fee will be refunded within 3-5 business days.

To change to the June, please log into your account no later than May 8. If changing to July, please log in to make the change no later than June 19. If neither dates work for your schedule, click [here](#) to contact an ACT customer care representative by June 19.

A - EN	Amanda Rutledge arutledge@nchstx.org
EO - LE	Kimberly Hargrove khargrove@nchstx.org
LF - RAV	Dr. Symionne Quarles squarles@nchstx.org
RAW - Z	Sodonia Johnson sjohnson@nchstx.org

VIRTUAL MEETINGS WITH COUNSELORS

2020-2021 Schedule Planning Meetings

Counselors continue to meet with students to discuss schedules for the next school year. While these meetings look different, students are receiving emails from their designated counselors to continue moving forward with planning for the 2020-2021 school year.

College Planning - Class of 2021

Reach out to counselors to continue college planning. Meetings can be set up virtually through Google Meet or phone.

Class of 2020 Scholarship Announcements

Seniors, please continue to send in any scholarship amounts to your counselors! We want to hear about and share in the excitement of your achievements.



ATHLETICS

ATHLETES & COACHES FIND CREATIVE WAYS TO CONTINUE TRAINING

In athletics, the coaching staff has been working daily on trying to maintain and grow the team culture in a positive way. When adversity strikes, they took the opportunity to lean on the positive and continue to cultivate that culture and togetherness. Now is a time to come together within our communities in unique ways, despite the physical distancing. Coach Beaudin was quoted as saying, "I am super proud of our kids for their creativity, their team spirit, their leadership and for continuing to come together, all while serving others!"

VIRTUAL TRAINING FEATURED IN LOCAL PAPERS AND ON SOCIAL MEDIA

Coach Beaudin and our football coaching staff challenged the football players to stay engaged during this period of social distancing. Click the images below to read more and see how our student-athletes rose to the challenge.



APPLY TO BE A TRAINER



This program is designed to allow students to observe and experience the field of sports medicine. The student athletic trainers will learn aspects of injury prevention, first aid, assist with the rehabilitation of injuries once proper skills are obtained, and execute general athletic training procedures under the supervision of a licensed/certified athletic trainer. We strive to provide the highest standard of care for the student athletes at Nolan Catholic High School in a manner that brings pride to our school and our athletic department.

If interested, please complete the google form [here](#).



You can continue to check the TAPPS website, <https://tapps.biz/covid19>, for more information.